Four-week study plan: compare the three targets

Choose Target 50, 65 or 79 as a workload, not a promised result. The weekly tables give every day's exact task counts. Minutes include reviewing; count every re-recording within the stated total, replacing a fresh item rather than adding attempts.

Workload / checkpoint	Target 50	Target 65	Target 79
Ordinary day: minutes	45 min	70 min	100 min
Day 1 example	5 RA + 5 RS + 2 Reading FIB dropdown	8 RA + 8 RS + 3 Reading FIB dropdown	11 RA + 11 RS + 4 Reading FIB dropdown
Daily task counts	Each task quantity is in the Target 50 column of the 28-day tables.	Each task quantity is in the Target 65 column; more items with evidence review.	Each task quantity is in the Target 79 column; time every attempt.
Timing and review	Learn phrase groups first; finish each complete task.	Use task timers from week 3; track recurring errors.	Use task timers throughout; log time as well as lost content.
Day 19: sectional	Normal daily drills.	Normal daily drills.	1 Reading sectional instead of Reading drills; reserve 120 min including speaking and review.
Day 22: week 4 starts	1 full mock; reserve 180 min including report review.	1 full mock; reserve 180 min including report review.	1 full mock; reserve 180 min including report review.
Other week-4 days	Return to the listed task counts; repair one report weakness daily.	Use the report to guide focused review after each daily set.	Timed task sets on days 23–28; no second full mock assumed.

How to use the free AI scores within this plan

RealPTE free accounts have 10 AI-scored practice attempts per day (source: current account allowance). Keep the printed practice counts, but AI-score only your hardest speaking items. First reserve a slot for each listed SWT, Essay or SST submission; use the remaining daily slots for speaking, up to 10 AI submissions altogether, including retries. Record and replay the other speaking items without AI scoring. Objective tasks and Write from Dictation are marked without limit.

A free account has 1 full mock in total, not one per week, plus 1 sectional/mini paper in total. Mocks use separate credits. Day 22 uses the full-mock credit; Target 79 uses the sectional credit on day 19. If already used, review a saved report and do the listed task drills under timers instead; no purchase is assumed.

Read the task abbreviations

RA Read Aloud; RS Repeat Sentence; DI Describe Image; RL Retell Lecture; ASQ Answer Short Question; SGD Summarize Group Discussion; RTS Respond to a Situation; SWT Summarize Written Text; SST Summarize Spoken Text; WFD Write from Dictation; HCS Highlight Correct Summary; HIW Highlight Incorrect Words. FIB means Fill in the Blanks; MC means Multiple Choice.

Counts are study choices, not test question counts. The 180-minute mock-day reservation includes review and is not a claim about test duration. If you need longer, keep the counts and split the day into two sessions.

Week 1: learn the format and log errors

Daily time including review: Target 50: 45 min / Target 65: 70 min / Target 79: 100 min. Each number is a total including retries. Target 79 uses task timers; Target 65 adds them from week 3.

Day / one concrete review action	Target 50	Target 65	Target 79
Day 1 **Review:** Mark two breath boundaries in your weakest RA recording.	☐ 5 RA 5 RS 2 Reading FIB dropdown Speaking: 10 total.	☐ 8 RA 8 RS 3 Reading FIB dropdown Speaking: 16 total.	☐ 11 RA 11 RS 4 Reading FIB dropdown Speaking: 22 total; timed.
Day 2 **Review:** Circle lost function words in one RS transcript.	☐ 4 RA 6 RS 3 WFD Speaking: 10 total.	☐ 6 RA 10 RS 5 WFD Speaking: 16 total.	☐ 8 RA 14 RS 7 WFD Speaking: 22 total; timed.
Day 3 **Review:** Sort dictation mistakes into spelling and missing endings.	☐ 4 RA 4 RS 4 WFD 2 Reading FIB drag/drop Speaking: 8 total.	☐ 6 RA 6 RS 6 WFD 3 Reading FIB drag/drop Speaking: 12 total.	☐ 8 RA 8 RS 8 WFD 4 Reading FIB drag/drop Speaking: 16 total; timed.
Day 4 **Review:** Explain one dropdown using the words on both sides.	☐ 4 RA 4 RS 4 Reading FIB dropdown Speaking: 8 total.	☐ 6 RA 6 RS 6 Reading FIB dropdown Speaking: 12 total.	☐ 8 RA 8 RS 8 Reading FIB dropdown Speaking: 16 total; timed.
Day 5 **Review:** Underline the main claim and its support in your SWT.	☐ 3 RA 3 RS 1 SWT Speaking: 6 total.	☐ 5 RA 5 RS 1 SWT Speaking: 10 total.	☐ 7 RA 7 RS 2 SWT Speaking: 14 total; timed.
Day 6 **Review:** Check that every figure in one DI matches its image.	☐ 3 RA 3 RS 2 DI 2 Reorder Speaking: 8 total.	☐ 4 RA 4 RS 3 DI 3 Reorder Speaking: 11 total.	☐ 6 RA 6 RS 4 DI 4 Reorder Speaking: 16 total; timed.
Day 7 **Review:** Group hesitant ASQ answers by question word.	☐ 3 RA 3 RS 4 ASQ 2 Reading MC single Speaking: 10 total.	☐ 5 RA 5 RS 6 ASQ 3 Reading MC single Speaking: 16 total.	☐ 7 RA 7 RS 8 ASQ 4 Reading MC single Speaking: 22 total; timed.

Free AI practice cap: 10/day, shared with scored writing. Reserve writing slots first; AI-score only the hardest speaking items with the remaining slots. Replay other recordings without AI. Objective tasks and WFD are marked without limit.

Week 2: build connected responses

Daily time including review: Target 50: 45 min / Target 65: 70 min / Target 79: 100 min. Each number is a total including retries. Target 79 uses task timers; Target 65 adds them from week 3.

Day / one concrete review action	Target 50	Target 65	Target 79
Day 8 **Review:** Draw the cause-and-effect link missing from one RL.	☐ 3 RA 3 RS 2 RL 3 WFD Speaking: 8 total.	☐ 4 RA 4 RS 3 RL 4 WFD Speaking: 11 total.	☐ 6 RA 6 RS 4 RL 5 WFD Speaking: 16 total; timed.
Day 9 **Review:** Make one row per speaker; check that none was merged.	☐ 3 RA 3 RS 1 SGD 2 Reading FIB dropdown Speaking: 7 total.	☐ 4 RA 4 RS 2 SGD 3 Reading FIB dropdown Speaking: 10 total.	☐ 6 RA 6 RS 3 SGD 4 Reading FIB dropdown Speaking: 15 total; timed.
Day 10 **Review:** Check whether one RTS request suits its listener.	☐ 3 RA 3 RS 2 RTS 2 Reading FIB drag/drop Speaking: 8 total.	☐ 4 RA 4 RS 3 RTS 3 Reading FIB drag/drop Speaking: 11 total.	☐ 6 RA 6 RS 4 RTS 4 Reading FIB drag/drop Speaking: 16 total; timed.
Day 11 **Review:** Highlight each essay example and its link to your claim.	☐ 2 RA 2 RS 1 Essay Speaking: 4 total.	☐ 3 RA 3 RS 1 Essay Speaking: 6 total.	☐ 4 RA 4 RS 1 Essay Speaking: 8 total; timed.
Day 12 **Review:** Compare SST with the transcript; mark one unsupported claim.	☐ 3 RA 3 RS 1 SST Speaking: 6 total.	☐ 4 RA 4 RS 1 SST Speaking: 8 total.	☐ 6 RA 6 RS 2 SST Speaking: 12 total; timed.
Day 13 **Review:** Draw arrows from pronouns to their paragraph referents.	☐ 3 RA 3 RS 3 Reorder 2 Listening FIB type-in Speaking: 6 total.	☐ 5 RA 5 RS 4 Reorder 3 Listening FIB type-in Speaking: 10 total.	☐ 7 RA 7 RS 5 Reorder 4 Listening FIB type-in Speaking: 14 total; timed.
Day 14 **Review:** Put three new gap collocations into your own phrases.	☐ 3 RA 3 RS 3 Reading FIB drag/drop 2 HIW Speaking: 6 total.	☐ 5 RA 5 RS 4 Reading FIB drag/drop 3 HIW Speaking: 10 total.	☐ 7 RA 7 RS 5 Reading FIB drag/drop 4 HIW Speaking: 14 total; timed.

Free AI practice cap: 10/day, shared with scored writing. Reserve writing slots first; AI-score only the hardest speaking items with the remaining slots. Replay other recordings without AI. Objective tasks and WFD are marked without limit.

Week 3: select carefully and add timing

Daily time including review: Target 50: 45 min / Target 65: 70 min / Target 79: 100 min. Each number is a total including retries. Target 79 uses task timers; Target 65 adds them from week 3.

Day 19 Target 79: choose Reading in Shorter tests; the paper replaces the listed Reading drills. Reserve 120 minutes that day, including review.

Day / one concrete review action	Target 50	Target 65	Target 79
Day 15 **Review:** Cross out each unsupported Reading multiple-choice option.	☐ 3 RA 3 RS 2 Reading MC multiple 2 Reading MC single Speaking: 6 total.	☐ 5 RA 5 RS 3 Reading MC multiple 3 Reading MC single Speaking: 10 total.	☐ 7 RA 7 RS 4 Reading MC multiple 4 Reading MC single Speaking: 14 total; timed.
Day 16 **Review:** Find a listening-note phrase supporting each chosen option.	☐ 3 RA 3 RS 2 Listening MC multiple 2 Listening MC single Speaking: 6 total.	☐ 5 RA 5 RS 3 Listening MC multiple 3 Listening MC single Speaking: 10 total.	☐ 7 RA 7 RS 4 Listening MC multiple 4 Listening MC single Speaking: 14 total; timed.
Day 17 **Review:** Read typed blanks aloud and check plural endings.	☐ 3 RA 3 RS 3 Listening FIB type-in 3 WFD Speaking: 6 total.	☐ 5 RA 5 RS 4 Listening FIB type-in 4 WFD Speaking: 10 total.	☐ 7 RA 7 RS 5 Listening FIB type-in 5 WFD Speaking: 14 total; timed.
Day 18 **Review:** Write the idea that rules out the nearest HCS distractor.	☐ 2 DI 1 RL 2 HCS 2 Missing Word Speaking: 3 total.	☐ 3 DI 2 RL 3 HCS 3 Missing Word Speaking: 5 total.	☐ 4 DI 3 RL 4 HCS 4 Missing Word Speaking: 7 total; timed.
Day 19 **Review:** List the Reading decisions on which you spent too long.	☐ 3 RA 3 RS 3 Reading FIB dropdown 2 Reorder Speaking: 6 total.	☐ 5 RA 5 RS 4 Reading FIB dropdown 3 Reorder Speaking: 10 total.	☐ 7 RA 7 RS 1 Reading sectional (replaces gap/reorder drills) Speaking: 14 total; timed.
Day 20 **Review:** Replay one HIW item and distinguish substitution from omission.	☐ 2 RTS 1 SGD 3 HIW 3 ASQ Speaking: 6 total.	☐ 3 RTS 2 SGD 4 HIW 4 ASQ Speaking: 9 total.	☐ 4 RTS 3 SGD 5 HIW 5 ASQ Speaking: 12 total; timed.
Day 21 **Review:** Choose two recurring errors to watch for in tomorrow's mock.	☐ 2 RA 2 RS 1 SWT 2 WFD Speaking: 4 total.	☐ 3 RA 3 RS 1 SWT 3 WFD Speaking: 6 total.	☐ 4 RA 4 RS 1 SWT 4 WFD Speaking: 8 total; timed.

Free AI practice cap: 10/day, shared with scored writing. Reserve writing slots first; AI-score only the hardest speaking items with the remaining slots. Replay other recordings without AI. Objective tasks and WFD are marked without limit.

Week 4: take the mock, repair and consolidate

Daily time including review: Target 50: 45 min / Target 65: 70 min / Target 79: 100 min. Each number is a total including retries. Target 79 uses task timers; Target 65 adds them from week 3.

Day 22 is the full-mock day for every target: reserve 180 minutes including report review. This replaces all routine drills. Days 23–28 return to normal daily minutes.

Day / one concrete review action	Target 50	Target 65	Target 79
Day 22 **Review:** Read the saved mock report; rank three specific repair actions.	☐ 1 full mock Report review only; no extra scored drills.	☐ 1 full mock Report review only; no extra scored drills.	☐ 1 full mock Report review only; no extra scored drills.
Day 23 **Review:** Compare the mock's weakest Reading answer with its evidence.	☐ 3 RA 3 RS 3 Reading FIB dropdown 2 Reorder Speaking: 6 total.	☐ 5 RA 5 RS 4 Reading FIB dropdown 3 Reorder Speaking: 10 total.	☐ 7 RA 7 RS 5 Reading FIB dropdown 4 Reorder Speaking: 14 total; timed.
Day 24 **Review:** Compare today's recording with the mock on one lost content point.	☐ 2 DI 1 RL 1 SGD 2 RTS Speaking: 6 total.	☐ 3 DI 2 RL 2 SGD 3 RTS Speaking: 10 total.	☐ 4 DI 3 RL 3 SGD 4 RTS Speaking: 14 total; timed.
Day 25 **Review:** Rebuild one failed dictation from meaning before checking text.	☐ 3 RA 3 RS 4 WFD 2 Listening FIB type-in Speaking: 6 total.	☐ 5 RA 5 RS 6 WFD 3 Listening FIB type-in Speaking: 10 total.	☐ 7 RA 7 RS 8 WFD 4 Listening FIB type-in Speaking: 14 total; timed.
Day 26 **Review:** Check SWT sentence boundaries and replace one vague noun.	☐ 3 RA 3 RS 1 SWT 2 Reading FIB drag/drop Speaking: 6 total.	☐ 5 RA 5 RS 1 SWT 3 Reading FIB drag/drop Speaking: 10 total.	☐ 7 RA 7 RS 2 SWT 4 Reading FIB drag/drop Speaking: 14 total; timed.
Day 27 **Review:** Revise one essay paragraph against its lowest saved rubric trait.	☐ 2 RA 2 RS 1 Essay Speaking: 4 total.	☐ 3 RA 3 RS 1 Essay Speaking: 6 total.	☐ 4 RA 4 RS 1 Essay Speaking: 8 total; timed.
Day 28 **Review:** Compare your error log with week one; select next week's priority.	☐ 3 RA 3 RS 1 SST 3 ASQ Speaking: 9 total.	☐ 5 RA 5 RS 1 SST 4 ASQ Speaking: 14 total.	☐ 7 RA 7 RS 1 SST 5 ASQ Speaking: 19 total; timed.

Free AI practice cap: 10/day, shared with scored writing. Reserve writing slots first; AI-score only the hardest speaking items with the remaining slots. Replay other recordings without AI. Objective tasks and WFD are marked without limit.